

MY CRAZY WEEK

I don't think that in over 35 years of business I have ever had a 'typical week' but this recent one will give you a flavour.

MONDAY

I confirmed my flight to Glasgow for Sunday and booked the train tickets for London where I will be coaching a manager at J.P. Morgan Asset Management on 28 March.

Then it was on the road to Leicester for an Integra ladies lunch organised by Leicester Chamber of Commerce. I gave the 45 ladies information on my ½ day course for ladies on 12 May.

Back by 3.00pm for two 1-2-1 sessions with an actress working on accents and a solicitor working on clarity and pace control.

At 5.30pm on the road again to Derby to speak at the regional meeting of the Chartered Institute of Purchasing and Supply (CIPS) on 'Vocal Impact' in business. A practical session so lots of fun.

Home around 9.00pm to crash out with a glass of wine.

TUESDAY

Two new private clients this morning. The first a business coach from Leicester with English as a second language – improving understanding will be the main focus. Then a businessman who came up from Somerset to develop his presenting skills. He is already quite accomplished but wants to be better!

After a short break I trained 11 youngsters working for examinations in Speech & Acting and then off to an Equity meeting in Coventry.

Home later than yesterday!

WEDNESDAY

Up early for a breakfast networking meeting in Bulkington then back to pack up some of my collection of period costume dolls for my talk at the Horston Grange W.I. in Nuneaton on 'The Changing Shape of Fashion' – a whistle stop tour through 1000 years of ladies clothes.

Back just in time for an evening of performing arts students.

Finished at 8.00pm

THURSDAY

Another breakfast meeting with an early exit to see a new client at 9.00am. We're working on softening delivery and improving musicality to influence others positively.

After a short break to answer emails I headed off to Leicester for a Soroptimists lunch. Very interesting presentation by one of the very few female high court judges.

Arrived home to find an email booking me to deliver a workshop for Soroptimist members throughout the East Midlands.

FRIDAY

Today I was training 6 business clients all day in 'Dynamic Speaking' at the Marriott Hotel, Leicester. The filming went well and everyone seemed happy with the outcome.

Next I was off to Newcastle-under-Lyme where I was a judge a competitive festival.

SATURDAY & SUNDAY

My work often involves weekends so on Saturday I was adjudicating classes in Acting, Public Speaking, Mime, Reading and Poetry.

Back home to re-pack and then off to East Midlands airport for my flight to Glasgow where I'm working on Monday and Tuesday.

Off we go again!

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